



Moldelekene 2026

Tidsskjema

Tid	Løpebaner	Lengde, grop øst	Lengde, grop vest	Spyd/Liten ball vest	Liten ball øst	Kule	Premieutdeling
10:25	60 meter			J9			
10:30	G6/7	G9			J10	J11	
10:35	J6/J7		G6/7	8 stk			
10:40	J8				8 stk	7 stk	
10:45	G8	13 stk	6 stk				
10:50	J9			G6/7			
10:55	J9		J6/7/8		G10	G11/12	
11:00	J10			6 stk			
11:05	J10		6 stk		5 stk	4 stk	
11:10	G9	J10				J12	
11:15	G9		J9	G8	J6/7/8		
11:20	G9	9 stk				9 stk	
11:25	G10		10 stk	6 stk	7 stk		
11:30	G10						
11:35	J11			G9			
11:40	J11		G8			G13/14	
11:45	G11	J11		13 stk		5 stk	
11:50	J12		6 stk				
11:55	J12	10 stk					
12:00	J13					J10/G10	
12:05	J13						
12:10	G12/13					7stk	
12:15	5000 meter	J12		Spyd			
12:20	MS / KS (14 stk)			G11/12			
12:25		8 stk	G10	2 stk			
12:30				J10/11/12		J13/14	
12:35			8 stk				
12:40		G11/12		7 stk		7 stk	
12:45							
12:50		4 stk					
12:55	100 meter	J13/14		G13/14			
13:00	J14/15/16			4 stk			
13:05	G14/15/16/17	5 stk					
13:10	MS					G15/16/17/MS	
13:15							
13:20	600 meter	G13		J13/14		6 stk	
13:25	J10/11 (10 stk)						
13:30		8 stk		10 stk			
13:35	G10 (7 stk)					J16/KS	
13:40							
13:45	G11/12 (5 stk)					5 stk	
13:50		G14/15/17		J15/18-19			
13:55	J12/13 (9 stk)						
14:00		4 stk					
14:05	G13 (6 stk)			G15/16/MS			
14:10		J15/18-19/KS					
14:15	800 meter						
14:20	J15/16 (3 stk)	4 stk					
14:25	G14 (2 stk)						
14:30							
14:35	200 meter						
14:40	J14/15 (3 stk)						
14:45	G14/15/16 (4 stk)						
14:50	J16/18-19 (3 stk)						
14:55	Stafetter						
15:00	4 x 60 m						
15:05	J11/12 (3 lag)						
15:10	4 x 100 m						
15:15	KS / MS / G17-19 (5 lag)						
15:20							
15:25	J13/14 G13/14 (3 lag)						
15:30							
15:35							
15:40							